**As mentioned in chapter four, visual media can influence a person’s attitudes toward violence. Choose a violent movie or television show that you watched recently. What impact, if any, did it have on your feelings about violence? Did those feelings cause you to act out in any way?**

**Comment on 2 of your classmate’s reflections. If you agree or disagree with their stance justify your thoughts in your response.**

**Post:** I watched the movie "I spit on your grave" a year ago. The film is as an abhorrent sack of trash without a sliver of creative qualification, and it was a standout amongst the most discouraging encounters of my life. The film is not all that much or not exactly a progression of assaults on the young lady and after that her assaults on the men. The clear inspiration to return to this misuse was to definitely expand the savagery. Surely, the assault and killings are increasingly many-sided, realistic, unbearable and disgusting. Subsequent to watching the movie, I felt discouraged and forceful. My mind got disturbed as I was not ready to think straight for a week. Fortunately, there was no physical aggressive behavior happened from myself to anybody. Moreover, I had the option to make mindfulness among my gathering of companions that not to go out alone at night, avoid strange people, take home security measures and consider taking self-defense lessons.

**Reply 1:** Hi Hawraa!

You are right. I watched this movie and It was an exasperating movie. To the extent movies go to me it was shot inadequately and the plot was essentially a vengeance story and a reason to utilize exorbitant savagery. I would have approved of the ludicrous brutality in the event that it would have concentrated on the impacts of enduring an appalling circumstance.

**Reply 2:** Hello Chima!

I agree with you and also experiments have demonstrated that exposing people, especially children and youth, to violent behavior on film and TV increases the likelihood that they will behave aggressively immediately afterwards. I watched first season of this series and it a scary, dangerous miserable, and tedious, and made me feel bad in an emotionally compelling way.